

<div>MARYBOROUGH GYMSPORTS</div>	2025 - Term 3				Updated 19 August	
	MON	TUES	WED	THURS	FRI	SAT
Beginner Programs						
Building Blocks (2-5 y/o)					9.30-10.30am 3.30-4.30pm	
Bridgin' Buddies (4.5-6 y/o)		3.30 - 4.30pm				
Katapult (Must be in Prep ages 5 - 6)		4.30 - 5.30pm				
Gym Mix (Grade 1 - 6, ages 6 - 11)	Gold / Platinum 3.30 - 5pm			Bronze 4.30 - 5.30pm		Bronze - Starting Soon!
	Bronze 5 - 6 pm	Bronze 5.30 - 6.30pm		Bronze 5.30 - 6.30pm		Silver 10 - 11am
		Silver 5.30 - 6.30pm		Silver 5.30 - 6.30pm		Gold / Platinum 8.30 - 10am
Foundational Gym Sport Programs						
Non - Competitive Acrobatic Gymnastics			3.30 - 5pm			
Development Acrobatics (Pre - Competitive)					3.45 - 5.45pm (starts 29/8)	
Development Rhythmic					3.45 - 5.45pm	
Men's Artistic Gymnastics Beginner	4.30 - 6pm			3.30 - 5.30pm		
Men's Artistic Gymnastics Intermediate (2 - 4hrs)		5.30 - 7.30pm		3.30 - 5.30pm		
MAG Excel		5.30 - 7.30pm				
Trampoline Sports Beginner			3.30 - 5pm			
Trampoline Sports Intermediate (2 - 4 hrs)	3.45 - 5.45pm					
Trampoline Sports Advanced	3.45 - 5.45pm					
Women's Artistic Gymnastics Intermediate* (4hrs)		3.30 - 5.30pm		3.30 - 5.30pm		
WAG Advanced Foundation* (5hrs)	4.30 - 7pm		4.30 - 7pm			
WAG Excel* (5 - 6 hrs)	4.30 - 7pm		4.30 - 7pm	5.30 - 6.30pm recommended		
Gymnastics for All Programs						
Special Needs - Kids 6 - 12	Expression of interest open now!					
Special Needs - Ages 18+						
Beginner Teens (ages 16+) + Adults (18 & beyond)	6 - 8pm					
Strength & Conditioning				5.30 - 6.30pm (ages 11 - 25)		
First in, first served. Waiting lists may apply for classes.						
Term 3 - Monday July 14 - Sat 20 September 2025						

